

PULS

Post 1.

🌀 *“Soil is a living organism - not just dirt!”*

Meet Sara, an Environmental Protection student at PULS, who reminds us that protecting soil means protecting life itself.

Small choices matter - composting, local food, less waste.

Interviewed by Milena Szafran.

#LiLacProject #ProLand #PULS #SoilHealth #EnvironmentalProtection
#StudentVoices

Post 2.

Sara, a student of **Environmental Protection at PULS**, shared her inspiring perspective on the importance of protecting soil as a living organism.

She reminded us that soil is a **non-renewable resource**, which takes hundreds or even thousands of years to recover once it's damaged.

In her words, *“Damage happens much faster than recovery.”*

She emphasized that soil is not just dirt - it's a **living ecosystem** full of microorganisms and tiny creatures essential for biodiversity, water retention, and filtration.

Sara believes that **urbanization** and **over-development** are among the main threats to soil in her region, leading to the loss of natural spaces like local wetlands in Górczyn.

Still, she stays hopeful: even small, daily actions - like composting, buying local food, recycling, or using public transport - can have a **real, positive impact** on soil health and our shared environment.



Interview with Sara – Let's Talk About Soil!

Milena: Hello everyone! I'm here today with **Sara**, a student of Environmental Protection at PULS.

Sara, could you please tell us a bit more about what you study?

Sara: I study Environmental Protection at the Poznań University of Life Sciences.

Milena: Great! I'd like to ask you a few questions, if you don't mind.
In your opinion - should soil be better protected?

Sara: Yes, I think soil definitely needs more protection, because it's a **non-renewable resource**.

When we damage it, the consequences can last for a very long time. People who aren't interested in the environment might not realize that soil takes hundreds or even thousands of years to recover.

Like with everything - damage happens much faster than recovery.

Also, soil is a *living organism* - it's not just dirt! It contains millions of microorganisms and tiny animals that make up a whole ecosystem. I think that's why it's so important to protect it.

Milena: That's such a great answer! So based on what you said, would you agree that our everyday choices affect soil condition?

Sara: Absolutely! Even small, simple choices - like buying locally grown food, recycling, using public transport, or just consuming less - really matter. Pollution and waste often end up in the soil, so every daily decision can make a difference.

Even something as simple as **composting** can help improve soil quality.

Milena: We've talked a lot about theory, but what about practice? Do you notice any changes in soil in your area?

Sara: Yes, definitely. I've been living in Poznań since 2016, and I've seen huge changes.

Urbanization is growing really fast - new roads and buildings keep replacing areas that used to be covered by natural soil.

For example, local wetlands in the Górczyn area used to be accessible just two years ago, and now they've been built over.

It's very sad, because wetlands are important for biodiversity, water retention, water filtration - and, of course, for **soil health**.

Milena: That's a powerful observation. And finally - projects like *LiLac*, do you think they can really make a positive impact on the environment, or are they just theory and social media posts?

Sara: I think time will tell. People often prioritize economic growth and profit over environmental protection, which makes it difficult. Some even oppose changes if they slow down business.

But I still believe that every small step matters - small actions can lead to something much bigger.

So yes, I think projects like *LiLac* are really important. Taking care of the environment means taking care of **our future generations**.

Milena: Beautifully said. Thank you so much, Sara!

Milena: Milena Szafran, Master Student of Economics at PULS, LiLac project

Sara: Sara Marcinkowska, Master Student of Environmental Protection at PULS